



The Quality  
Disciple's  
Book Of  
Prayer  
PHILIPPIANS

YoDr. Denny Bates

# The Quality Disciple's Book of Prayer:

## **The Book of Philippians**

Praying Through The Bible Series

**Dr. Denny Bates**

**Something New Ministries**

**“A Quality Disciple . . . A Quality Life”**

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# The Quality Disciple's Book of Prayer: The Book of Philippians

Praying Through The Bible Series

**Dr. Denny Bates**

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**SOMETHING** *new*



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*“Mind how you pray. Make real business of it. Let it never be a dead formality...plead the promise in a truthful, business-like way...Ask for what you want, because the Lord has promised it.”*

*Charles Spurgeon*

*“Every great movement of God can be traced to a kneeling figure.”*

*D. L. Moody*

*All I know is that when I pray, coincidences happen;  
and when I don't pray, they don't happen.*

*Dan Hayes*

## **Dedication**

For my Mom, Marlene D. Bates:  
A woman who knew how to pray.

*'Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised.'* (Proverbs 31:30)

## Acknowledgements

My books are so much better because of those who willingly volunteer their time to read through the sample proof and make sure, first and foremost, that the contents speak to the heart first and then to the mind. They are also people of good grammar and watch out for those pesky typos that get by me, but not them. I am grateful to Myra Bates, Leigh Ann Wheeler, Bryan Braddock, Amy Watts, Reeves Cannon, Dick Brown, Tamara Rhodes, Lisa Ray, Traci McCombs, Amy Clark, Ron Lyles, Wick Jackson, Patty Smith, Leslie Rutten, Laura Harris, Sandy Richardson, Carol Mabe, Kirby King, Karen Dixon, Kimberly Eaker, Kim Medlin, Marlo Brayboy, and Jessica Hayes.

*'Every time I think of you, I give thanks to my God. Whenever I pray, I make my requests for all of you with joy, for you have been my partners in spreading the Good News about Christ from the time you first heard it until now. And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.'*

***Philippians 1:3-6 (NLT)***

## **Preface / Introduction**

“Praying through the books of the Bible.” What a great idea, I thought . . . until the enormous weight hit me of what I believe God is calling me to do. Not only to read through the Bible, but to pray through every verse of the Bible, and write them down for you, my dear reader.

Years ago I was introduced to the wonderful concept of praying through the Scriptures. By personalizing them, the Bible came alive for me, especially when I prayed the Scriptures aloud!

What I want to share with you is my journey of praying through the Scriptures. As best as I am able, I will stay true to the text. My goal is to help you personalize each passage of Scripture and make it your own prayer.

*The Quality Disciple's Book of Prayer on Philipians* is not a Bible study, but it is a Biblical devotional resource that will help you better understand and experience the Scriptures as you read them and then pray through them.

As you proceed through the pages, I want you to create a vision in your mind that you have been personally invited into an intimate conversation with the Father, Son, and Holy Spirit. Listen to them. Talk to them. Learn from them. Worship them.

Learning to Listen, Talk, Learn, Worship, and grow with you,

Dr. Denny Bates



## Introduction To THE BOOK OF PHILIPPIANS

Type of Literature: Epistle

THEME: Rejoice!

AUTHOR: Paul, the Apostle

DATE AND PLACE OF WRITING: Uncertain. Probably somewhere around A.D. 60–63 while Paul was in prison at Rome.

THE AUDIENCE OR RECIPIENTS: “I am writing to all of God’s holy people in Philippi who belong to Christ Jesus, including the church leaders and deacons. (Philippians 1:1)

MAIN CHARACTERS:

- ❖ The members of the Church at Philippi
- ❖ Church leaders and deacons
- ❖ Timothy
- ❖ The (Praetorium) palace guard
- ❖ Epaphroditus
- ❖ The people who do evil
- ❖ Euodia
- ❖ Syntyche
- ❖ Clement
- ❖ Caesar’s household

PURPOSE OF THE BOOK:

- ❖ To provide a cover letter to the church at Philippi, a letter of introduction, to prevent any criticism of Paul’s friend, Epaphroditus. (Ph. 2:25–30).
- ❖ To share Paul’s appreciation to the church for their generous support of his ministry. (Ph. 1:5; 4:15; 2 Co. 8:1f, Ph. 4:16; 2 Co. 11:9; Ph. 2:25–30; 4:18)

- ❖ To bring up the need for harmony and unity because some members were quarrelling and bringing potential harm to the church. (Ph. 4:2; see 1:27; 2:2–4, 14)
- ❖ To warn against some false teachers that were beginning to influence the church. (Ph. 3:2f).

## MAIN DOCTRINES / MAIN SUBJECTS:

- ❖ The doctrine of Grace
- ❖ The doctrine of Peace
- ❖ The doctrine of Prayer
- ❖ The doctrine of The Gospel or Good News
- ❖ The doctrine of Return of Christ
- ❖ The doctrine of Suffering
- ❖ The doctrine of Providence of God
- ❖ The doctrine of Joy
- ❖ The doctrine of Sanctification
- ❖ The doctrine of “In Christ”
- ❖ The doctrine of Heavenly Citizenship
- ❖ The doctrine of Humility
- ❖ The doctrine of Unity
- ❖ The doctrine of The Cross
- ❖ The doctrine of The Lordship of Jesus
- ❖ The doctrine of Salvation
- ❖ The doctrine of Discipleship / Mentorship
- ❖ The doctrine of The Resurrection
- ❖ The doctrine of Stewardship
- ❖ The doctrine of Heaven
- ❖ The doctrine of The Book of Life

## MAIN EVENTS:

Paul is writing an epistle of “joy”, a prisoner of Rome who is chained to a Praetorium guard.

## OUTLINE OF THE BOOK / CHAPTER TOPICS OR TITLES:

Philippians 1:1-30  
Who God's People Really Are

Philippians 2:1-18  
Moving Towards Unity

Philippians 2:19-30  
How Believers Live

Philippians 3:1-21  
The Art Of Pressing On

Philippians 4:1-9  
The Steps To Experiencing The Peace Of God

Philippians 4:10-23  
The Blessing Of Having Healthy Relationships

## KEY WORDS OR PHRASES:

- ❖ Discipleship / Mentorship
- ❖ Grace
- ❖ Heaven
- ❖ Heavenly Citizenship
- ❖ Humility
- ❖ In Christ
- ❖ Joy
- ❖ Learn to be Content
- ❖ Peace
- ❖ Prayer
- ❖ Providence of God
- ❖ Return of Christ
- ❖ Salvation
- ❖ Sanctification
- ❖ Stewardship
- ❖ Suffering

- ❖ The Book of Life
- ❖ The Cross
- ❖ The Gospel or Good News
- ❖ The Lordship of Jesus
- ❖ The Resurrection
- ❖ Unity

## SPECIAL FEATURES:

- ❖ The City of Philippi. Philippi, a Roman colony, a miniature Rome, was the gateway to Europe. The city was named after Philip of Macedonia, the father of Alexander the Great.
- ❖ The Church at Philippi. Acts 16:1–40 describes the founding of the Philippian church on Paul's second missionary journey.
- ❖ The Church continued to support Paul throughout his ministry despite the little time he had with them. They supported him even while they themselves were suffering and being persecuted (see Ph. 1:7, 27–30; 2:15; 3:10–11; 4:1).
- ❖ Philippians is Paul's most personal, most intimate, epistle (Ph. 4:1).
- ❖ Philippians is "The Epistle of Joy." The words "joy" and "rejoicing" are used sixteen times in the four chapters.
- ❖ Philippians is the book that stresses the phrase 'In Christ' or 'In the Lord'." The whole belief of Paul is that life is "*in Christ*" and that Christ is to be "*in life*" (see Ph. 1:13, 14, 26, 29; 2:1, 5, 19, 24, 29; 3:1, 4, 9, 14; 4:1, 4, 6–7, 10, 13, 17, 21).

## How To Use This Book

The Quality Disciple's Prayer Book on Philippians is your guide to becoming intimately acquainted with the Scriptures. This book has two major components: God's perfect Word and my suggested prayers based upon each verse. Here is a suggestion on how you can best use this prayer and devotional resource:

Before you begin to use the book, take some time to unwind from the activities that are intruding upon your mind and, prayerfully, let each one go.

*'Give all your worries and cares to God, for he cares about you.'*  
(1 Peter 5:7 NLT)

Then, you are ready to begin.

With an attitude of prayer and reflection, read the Scripture **ALoud**. I want you to do this for two reasons. (1) I want you to "hear" it with physical ears. That is how faith comes,

*So faith comes from hearing, that is, hearing the Good News about Christ. (Romans 10:17 NLT)*

(2) I want you to read it again, out loud, as you meditate on the Word. I want you to hear it with your spirit.

*'Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.'* (Joshua 1:8 NLT)

Then, I want you to pray out loud the prayer response. Please do not rush through it. Say it with a sense of purpose, with an awareness that you are having an intimate conversation with the Lord.

*'May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and my redeemer.'* (Psalms 19:14 NLT)

Before we continue, I want to give you an example of how to pray through God's Word by making it personal.

## **Learning How To Pray God's Word By Making It Personal**

One of the most fulfilling spiritual disciplines we can do is to pray God's Word back to Him. In a very clear sense, when we are praying God's Word, we are actually praying His will. Praying His Word will increase your faith. Praying His Word is the language of Heaven.

To illustrate I'm going to select a portion of Scripture. Note the brackets [ ] where I insert a more personalized prayer. I'll show you the unedited version first. Then, right below it, the personalized scripture.

Read it outloud. I want YOU to *personalize*\*\*\* it as you begin to pray God's Word!

### **From Ephesians 1:2-8 NLT**

'May God our Father and the Lord Jesus Christ give you grace and peace.

*\*\*\*'May God [my] Father and the Lord Jesus Christ give [me] grace and peace.*

All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.

*\*\*\*All praise to God, the Father of [my] Lord Jesus Christ, who has blessed [me] with every spiritual blessing in the heavenly realms because [I am] united with Christ.*

Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes.

*\*\*\*[Lord], Even before [You] made the world, God [You] loved [me] and chose [me] in Christ to be holy and without fault in [your] eyes.*

God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.

*\*\*\*God [You] decided in advance to adopt [me] into [Your] own family by bringing [me] to Yourself through Jesus Christ. This is what [You] wanted to do [for me], and it gave [You] great pleasure.*

So we praise God for the glorious grace he has poured out on us who belong to his dear Son.

*\*\*\*So [I] praise [you] God for the glorious grace [You have] poured out on [me] who [belongs] to [Your] dear Son.*

He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins.

*\*\*\*[Lord, You are] so rich in kindness and grace that [You] purchased [my] freedom with the blood of [Your] Son and forgave [all of my] sins.*

He has showered his kindness on us, along with all wisdom and understanding. '

*\*\*\*[You have] showered [Your] kindness on [me], along with all wisdom and understanding. '*

Got the idea? You have learned how to pray through the entire Bible! The next passage of Scripture is on you. See you in the Secret Place!

*“When you pray, don’t be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get. But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.” (Matthew 6:5-6 NLT)*

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# The Quality Disciple's Book of Prayer: Praying Through The Bible Series

## The Book of Philippians Chapter One

### Greetings from Paul

1 This letter is from Paul and Timothy, slaves of Christ Jesus.

*Lord, thank You for inspiring Paul to write this letter. Thank You for the way Paul described his and Timothy's relationship with you as a slave of Christ Jesus. May I also be considered Your slave too.*

I am writing to all of God's holy people in Philippi who belong to Christ Jesus, including the church leaders 1:1 Or overseers, or bishops. and deacons.

*Thank You Lord that although Paul was writing specifically to the Philippian Church, I also belong to Christ Jesus too. And every promise given to the Philippians is given to me also. May I be given a clear mind and an open heart as I read and pray through Your Words.*

2 May God our Father and the Lord Jesus Christ give you grace and peace.

*I know the source of my grace and peace. It does not come from the world, and it surely does not come from me. May God, my Father and the Lord Jesus Christ, fill me with Your abundant grace and perfect peace.*

### Paul's Thanksgiving and Prayer

3 Every time I think of you, I give thanks to my God.

*Father, I thank You for the significant relationships You've placed in my life. Every one of them I hold dear to my heart. Every one of them has been used by You to form a part of who I have become. When I think of them, every one of them, I give thanks to You. May I never forget what they have meant to me.*

4Whenever I pray, I make my requests for all of you with joy,

*Lord, thank You for the feelings I have in my heart for the people who have become a blessing to me. In a mysterious way, they inspire me to pray, to talk to You about them. In no way is this kind of prayer a heavy burden and inconvenience. When I pray for them, I choose to do so with joy. May I never see my prayers for them become an empty RELIGIOUS RITUAL but one of exceeding joy because of our authentic RELATIONSHIP.*

5for you have been my partners in spreading the Good News about Christ from the time you first heard it until now.

*Lord Jesus, I am so grateful that I do not have to go it all alone when it comes to spreading the Good News about You. I have been blessed to be a part of a team, a spiritual partnership, that has its roots in CONSISTENCY and COMMITMENT. May I always remember that I am a member of the Body of Christ as I seek to work in unity for the spread of the Gospel.*

6And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

*By faith in God and in Your Word, I confidently declare, with certainty, that God is not done with me yet. I am a work in progress as are the other significant relationships in my life. Whatever You begin to do in me, I know You will complete it, finish it, before Jesus Christ returns. May I have the PATIENCE (an aspect of the Fruit of the Spirit) not to hurry the PROCESS but PRAISE you in it.*

7 So it is right that I should feel as I do about all of you, for you have a special place in my heart. You share with me the special favor of God, both in my imprisonment and in defending and confirming the truth of the Good News.

*Lord Jesus, I am grateful that within my heart are certain people who have walked with me during some of the most challenging and painful times of my life. I know that they are committed to me, they love me, and are faithful in proclaiming the truth of the Gospel, no matter what may happen. May I be the same to them.*

8 God knows how much I love you and long for you with the tender compassion of Christ Jesus.

*It is hard for me to put into words how much love I have for the important people in my life. Lord, the place I have in my heart to love them, care about them, and miss them when they are not near by is excruciating at times. But God, You know that already. May I always keep my love tender, seasoned by Your compassion.*

9 I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding.

*What a beautiful prayer to offer for the people I know who love well already. Lord, I pray that their love will overflow more and more and produce the kind of fruit that will change not only other lives but their life too. I pray for their learning curve as they walk with You. Lord, give them the power to keep on growing in knowledge and understanding. Jesus, May I also experience an overflowing love for You and for everyone who comes across my path. And Lord, help me to never settle for the "status quo" but give me the grace to keep on growing in knowledge and understanding. Knowledge of You and Your Word and the discernment to fully understand what You are teaching me.*

10 For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ's return.

*Lord, it would be for me a personal tragedy if I spent my entire life chasing the wrong things and SUCCEED only to find out later that it never mattered. Help me stay focused on what really matters to You: Your Kingdom, Your People, Your Will for my Life. May I understand what really matters to You so that I may live a pure and blameless life until Your return.*

11 May you always be filled with the fruit of your salvation—the righteous character produced in your life by Jesus Christ 1:11 Greek with the fruit of righteousness through Jesus Christ.—for this will bring much glory and praise to God.

*Lord Jesus, above all, I want to bring much glory and praise to my God. Keep me from filling my life with the wrong things but help me be filled with the fruit of my salvation, resulting in a righteous character produced in my life by Jesus Christ. May I always be fruitful.*

## **Paul's Joy That Christ Is Preached**

12 And I want you to know, my dear brothers and sisters, 1:12 Greek brothers. that everything that has happened to me here has helped to spread the Good News.

*I am so grateful for the PROVIDENCE of God. Only You, oh Lord, can bring good out of the hard (Romans 8:28). You waste nothing, even my pain. May my pain be gain if it helps to spread the Good News.*

13 For everyone here, including the whole palace guard, 1:13 Greek including all the Praetorium. knows that I am in chains because of Christ.

*Lord, what a blessing to know that even when I am “chained” to my present circumstances, in reality, those circumstances (like Paul's Praetorian or Palace guard) were chained to him because of Christ. May I see things from Your perspective: I am a prisoner of Christ, not a slave to my circumstances.*

14And because of my imprisonment, most of the believers 1:14a Greek *brothers in the Lord.* here have gained confidence and boldly speak God's message 1:14b Some manuscripts read *speak the* message. without fear.

*Lord, I am grateful that You never waste my challenging circumstances. You have called me to be a faithful witness no matter what I may be going through. May I continue to be an encouragement that will help others trust You more, share the Gospel with the people they know, and walk closer with You by my example.*

15It's true that some are preaching out of jealousy and rivalry. But others preach about Christ with pure motives.

*Lord Jesus, protect my heart from having a competitive spirit and lose my focus on what really matters. As long as Christ is preached, help me not to judge someone's heart and compare who is right or wrong. May I rejoice that the message of Jesus Christ is being preached and be at peace with the fact He is being proclaimed as Lord.*

16They preach because they love me, for they know I have been appointed to defend the Good News.

*I am thankful that I've been able to influence others to share God's love with the lost. By grace, and based upon a relationship I have with them, they preach because they love me because they know that God has appointed me to defend the Good News. May I always have the chance to be a spiritual mentor to those who want to preach Jesus too.*

17Those others do not have pure motives as they preach about Christ. They preach with selfish ambition, not sincerely, intending to make my chains more painful to me.

*There will always be “naysayers” who are not supportive of me. They are the ones who have no spiritual depth and want to be seen instead of desiring to hide behind the Cross. And if I allow them to bother me, it will lead me down a path of non-redemptive pain. May I not allow these kinds of people to push my buttons or pull my chain. May I give my feelings for them to You, oh Lord.*

18But that doesn't matter. Whether their motives are false or genuine, the message about Christ is being preached either way, so I rejoice. And I will continue to rejoice.

*Lord, help me not to judge the motives and heart of those who do not do it my way. You tenderly share with me that it doesn't matter. Help me believe that reminder from You. Help me rejoice when I don't feel like rejoicing. May I keep on rejoicing and keep on rejoicing.*

19For I know that as you pray for me and the Spirit of Jesus Christ helps me, this will lead to my deliverance.

*Thank You Lord for this reminder of how important it is to have a group of believers who know the power of of prayer, and use it. A faithful prayer warrior not only is willing **to pray** but they know **how to pray** for me. Prayer plus the Spirit of Jesus Christ will help me and lead to my deliverance. May I let others know how they can specially pray for me.*

## **Paul's Life for Christ**

20For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honor to Christ, whether I live or die.

*Lord, this is where it gets real. I do fully expect and hope that I will never be ashamed but I will continue to be bold for Christ, now, in the past, and in the future. My heart's desire is that the entirety of my life will bring honor to You, whether I live or die. May I live well and finish well.*

21For to me, living means living for Christ, and dying is even better.

*Because I am Yours Lord, I am in a win/win situation. If I live for Christ, I win. If I die, it's even better. But I choose to leave those details to Your Sovereign Will. In the meantime, help me live well for You. May I live my life to the fullest and may I be prepared to die when You call me home.*

22But if I live, I can do more fruitful work for Christ. So I really don't know which is better.

*Jesus, my view of my life cannot compare to what You see now and in the future, but while I am here please make me useful for the Kingdom. I want to be FRUITFUL and FAITHFUL until You come to take me home. May I fully live my life with no regrets.*

23I'm torn between two desires: I long to go and be with Christ, which would be far better for me.

*I am learning to live in the tension of two desires. I confess to You that there are many times that I get homesick and want to go home with You. But You know the length of my days. May I never lose that feeling of being homesick.*

24But for your sakes, it is better that I continue to live.

*It is such a blessing to be seen as "needed" by those whom I have a relationship. I have not been left here to be just someone who is occupying space but to make a difference for those who know me and for the Kingdom. May my remaining days here count, for them and most of all, for You.*

25Knowing this, I am convinced that I will remain alive so I can continue to help all of you grow and experience the joy of your faith.

*There are few greater joys than to live a purposeful life that is laser focused on the life mission You have given me. I so believe that I am still here for a reason. In fact, I am convinced that I will remain alive so that I can mentor and disciple others by helping them grow and experience the joy of their faith. May I stay true to my purpose: To make Disciples who make other Disciples (2 Timothy 2:2).*

26And when I come to you again, you will have even more reason to take pride in Christ Jesus because of what he is doing through me.

*Lord Jesus, anything I do in Your Name will always reflect directly back to You. I want my life to be seen as a “contagious Christian” where others will be infected by You. May others see the spiritual growth in my life and desire the same experience for them too.*

## **Live as Citizens of Heaven**

27Above all, you must live as citizens of heaven, conducting yourselves in a manner worthy of the Good News about Christ. Then, whether I come and see you again or only hear about you, I will know that you are standing together with one spirit and one purpose, fighting together for the faith, which is the Good News.

*Father, I know that You have called me to a higher level of living. You tell me that I must live as a citizen of heaven. I must conduct myself in a manner worthy of the Good News about Christ. In addition, my example of Kingdom living will be the goal for other believers to stand together with one spirit and one purpose, fighting together for the faith, which is the Good News. May I live my life in such a way that there is no confusion on Who I represent.*

28Don't be intimidated in any way by your enemies. This will be a sign to them that they are going to be destroyed, but that you are going to be saved, even by God himself.



*Lord, I pledge to You that I will never let my enemies intimidate me. Because I know that the Battle is the Lord's, I will just stay calm (Exodus 14:14) and will see His utter victory over them. Because of Your Word I know that even my enemies will see my God deliver and rescue and save me. May I be bold and never be fearful when my enemies want to shut me down.*

29For you have been given not only the privilege of trusting in Christ but also the privilege of suffering for him.

*Lord, I am honored. It is a privilege to have been given the grace to trust in You. You gave me Faith. You gave me Forgiveness. You gave me Fellowship with You. But You also allowed me the privilege of suffering for You. May I always be willing to know Him more and take up the Cross and follow Christ.*

30We are in this struggle together. You have seen my struggle in the past, and you know that I am still in the midst of it.

*Lord, there are some days that are harder than others. The struggle is real but really beneficial, especially when I know that I am not in the struggle all alone. There are other believers in the entire world who are also struggling for the sake of Christ (1 Peter 5:9). May my struggle encourage others to not give up the struggle but keep on pressing on to the goal of making Christ known.*

## Your Very Own Prayer Summary From Chapter One

Lord, the most important thing I learned about You was (Write your prayer response here):

---

---

Lord, the most important thing I learned about me was (Write your prayer response here):

---

---

Lord, the most important thing I need to do is (Write your prayer response here):

---

---

*“A day without prayer is a day without blessing,  
and a life without prayer is a life without power.”*

*Edwin Harvey*

*“Prayer does not fit us for the greater work;  
prayer is the greater work.”*

*Oswald Chambers*

## Afterword

The greatest goal I have set for you in *The Quality Disciple's Book of Prayer in Philippians* is that you would come to know God better by reading His Word and then praying His Word back to Him.

Congratulations! You've done it. You have read through 104 passages of Scripture from God's Word. To put it another way, you have read (and meditated on) four chapters from the Bible. You have thoughtfully prayed through 104 verses in the Book of Philippians back to God.

Be sure to keep on reading and take time to read through the great **Quotes On Prayer For The Quality Disciple** as well as the **Inspirational Prayers For The Quality Disciple**. I promise it will be a good use of your time.

Finally, I want you to go even deeper in your call to prayer. The following pages are spiritual growth resources that will help you with structure that will enhance your discipline to pray . . .

- ❖ For Yourself
- ❖ For Others
- ❖ For The Church
- ❖ For Local, State, and National Leaders
- ❖ For Current Events In The World
- ❖ For The Nations

After seeing Jesus pray, one of the greatest requests one of His disciples ever asked Him was this: "*Lord, teach us to pray*" (Luke 11:1a). May that be true of us too. "Jesus, teach us to pray like You."

Praying for you, and me too,

Dr. Denny Bates

## Quotes On Prayer For The Quality Disciple

“To be a Christian without prayer is no more possible than to be alive without breathing.” ~ Martin Luther

“Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not in the one who says it, our prayers do make a difference.” – Max Lucado

“Prayer should not be regarded as a duty which must be performed, but rather as a privilege to be enjoyed, a rare delight that is always revealing some new beauty.” – E.M. Bounds

“Prayers outlive the lives of those who uttered them; outlive a generation, outlive an age, outlive a world.” – E.M Bounds

“Prayer makes a godly man, and puts within him the mind of Christ, the mind of humility, of self-surrender, of service, of pity, and of prayer. If we really pray, we will become more like God, or else we will quit praying.” – E.M. Bounds

“It is possible to move men, through God, by prayer alone.” – Hudson Taylor

“To get nations back on their feet, we must first get down on our knees.” – Billy Graham

“Prayer is not monologue, but dialogue; God’s voice is its most essential part. Listening to God’s voice is the secret of the assurance that He will listen to mine.” – Andrew Murray

“To desire revival... and at the same time to neglect (personal) prayer and devotion is to wish one way and walk another.” – A.W. Tozer

“God does nothing but by prayer, and everything with it.” – John Wesley

## PRAYER GUIDES

- ❖ For Yourself
- ❖ For Others
- ❖ For The Church
- ❖ For Local, State, and National Leaders
- ❖ For Current Events In The World
- ❖ For The Nations

*O Lord , I cry out to you. I will keep on pleading day by day.  
Psalms 88:13 NLT*

## Prayer List For Yourself

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)

## Prayer List For Yourself

(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

## Prayer List For Others

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)



## Prayer List For Others

(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

## Prayer List For The Church

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)

## Prayer List For The Church

(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

## Prayer List For Local, State, and National Leaders

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)

Prayer List For Local, State, and National Leaders  
(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

## Prayer List For Current Events In The World

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)

Prayer List For Current Events In The World  
(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

## Prayer List For The Nations

### **The Great Need**

\*What it is

\*When you began to seriously pray for this need

### **The Great Promises From Scripture**

### **The Great Outcome**

\*How your prayer was answered

\*When it was answered

(Now, transfer your notes to the chart on the next page)



## Prayer List For The Nations

(chart form)

<b>The Great Need</b> *What it is *When you began to seriously pray for this need	<b>The Great Promises From Scripture</b>	<b>The Great Outcome</b> *How your prayer was answered *When it was answered

# SUBJECT INDEX

## An Introduction to the Subject Index for *The Quality Disciple's Book Of Prayer For Philippians*

Years ago, I had a friend share with me that a good book can become a great book if it has a useful subject index. I agree with him. What is provided for you in the coming pages is a comprehensive subject index that covers how to experience the timeless principles from *The Quality Disciple's Book Of Prayer*. This book is much more than a book of helpful information. It is treasure trove of inspirational thoughts and never-ending starting points for a dynamic personal and small group Bible study.

### How to use this valuable resource:

You can use it as a Bible Study on a topic that you want to become more familiar with in your search for spiritual growth. For example, you may wish to study the topic of:

#### **Peace.**

Blessing of.

May God our Father and the Lord Jesus Christ give you grace and peace. Pg. 1

Fact.

His peace will guard your hearts and minds as you live in Christ Jesus. Pg. 28

Promise.

God's peace will be with you. Pg. 28

His peace will guard your hearts and minds as you live in Christ Jesus. Pg. 28

Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. Pg. 29

You will experience God's peace, which exceeds anything we can understand. Pg. 28

Source of.

God our Father and the Lord Jesus Christ. Pg. 1

See how it works? In this illustration, you have been shown at least seven Bible study points based upon the topic of **Peace**. There are **178** more subjects in this comprehensive study resource that will provide you many years of enriching times of study, reflection, and personal growth.

## HOW YOU CAN HAVE A RELATIONSHIP WITH JESUS

- ✓ GOD LOVES YOU AND HAS A WONDERFUL PLAN FOR YOUR LIFE

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. **Jeremiah 29:11 (NIV)**

- ✓ AS A RESULT OF MAN GOING HIS OWN WAY AND REJECTING GOD, A CHASM, A GREAT DIVIDE, HAS COME SEPARATING A JUST AND HOLY GOD FROM SINFUL MAN

for all have sinned and fall short of the glory of God, **Romans 3:23 (NIV)**

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. **Romans 6:23 (NIV)**

- ✓ GOD SENT HIS SON, HIS PERFECT SON TO BECOME OUR SACRIFICE. HE WHO IS SINLESS TOOK UPON HIMSELF OUR SINS, OFFERING TO RESTORE OUR BROKEN RELATIONSHIP WITH GOD, BRIDGING THE GAP BETWEEN GOD AND MAN

We all, like sheep, have gone astray, each of us has turned to his own way; and the LORD has laid on him the iniquity of us all. **Isaiah 53:6 (NIV)**

The next day John saw Jesus coming toward him and said, "Look, the Lamb of God, who takes away the sin of the world!" **John 1:29 (NIV)**

- ✓ GOD HAS GIVEN EACH MAN A CHOICE EITHER TO ACCEPT THE FREE GIFT OF SALVATION AND LIVE FOREVER OR TO REJECT HIS GRACIOUS GIFT AND SPEND ETERNITY FOREVER SEPARATED FROM GOD

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. **John 3:16 (NIV)**

<sup>12</sup>Yet to all who received him, to those who believed in his name, he gave the right to become children of God-- <sup>13</sup>children born not of natural descent, nor of human decision or a husband's will, but born of God. **John 1:12-13 (NIV)**

## Essential Spiritual Growth Resources from Something New Christian Publishers and Quality Leadership Consultants

### Websites, Newsletter, and Blogs:

www.dennybates.com and www.ReallyGoodDay4U.com is the hub for all of our teaching and coaching resources. Check out our free downloads as well as our store. www.thequalitydisciple.com links to dennybates.com. www.qualityleadershipconsultants.com links to dennybates.com. www.thequalitydisciple.blogspot.com is the teaching blog for Psalms of Discipleship. www.facebook.com/denny.bates is my portal to social networking. *Dr. Denny Bates and Quality Leadership Tips For You* is my newsletter. Featured leadership articles, devotional thoughts, and a menu of coaching and book resources. Sign up at <http://www.dennybates.com>

### Books:

Other titles from the Quality Discipleship Series:

- ❖ How To Study And Apply The Bible To Your Life (PDF Book only)
- ❖ Growing Up...Practical Bible Studies For New And Growing Christians (PDF Book only)
- ❖ Psalms of Discipleship: A One Year Journey With The Shepherd (Kindle or printed copy)
- ❖ Christmas Meditations of Worship: Four Weeks of Advent (Kindle or printed copy)
- ❖ Living Above The Fray: Learning The Seven Healthy Leadership Principles That Will Shelter You From The Destructive Effects Of Leader-I-Tis (Kindle or printed copy)
- ❖ My Spiritual Life Plan: Creating An Effective Spiritual Life Plan For The Quality Disciple (Kindle or printed copy)
- ❖ Living Above The Fray Leadership Assessment: The Coaches Guide For Leading With Quality In Mind (Kindle or printed copy)
- ❖ Building A Christian Community Of Friends: Four Practical Studies On Biblical Friendships (Kindle or printed copy)
- ❖ Changing Places: Understanding The Process Of Transition. (Kindle or printed copy)
- ❖ Life-Of-Ogy: Mastering The Study Of Your Life, Your Team, Your Profession and Your Customers (Kindle or printed copy)
- ❖ Growing In Greatness: *31 Living Legacy Principles From the Proverbs For the Quality Leader (Proverbs 1:1-5:14), Volume 1* (Kindle or printed copy)
- ❖ Quality Wisdom For A Modern Age: The Wisdom Book Of Proverbs (Kindle or printed copy)
- ❖ How To Have A Really Good Day With The GOS-PILL During Times Of Crisis: 31 Days Of Inspiration (Kindle or printed copy)

- ❖ The Fine Art Of Experiencing Quality Relationships: 31 Intentional Days Of Thoughtful Treasures From Proverbs That Will Transform The Heart (Kindle or printed copy)
- ❖ How To Build A Better Business By The Proverbs: 31 Intentional Days Of Best Practices That Will Lead To Your Success (Kindle or printed copy)
- ❖ Bitter Busters: How Bitter Busters Can Set You Free From Becoming Bitter Against Family, Friends, Career, Church and God. (Kindle or printed copy)
- ❖ The Intimate Journey To Desires: Intimacy of God, With God, and With Others (Printed copy)
- ❖ The Battle is the Lord's (Kindle or printed copy) –Available August 2023

### **Retreat Journals:**

- ❖ The Power – Broker's Guide To The Kingdom
- ❖ Four Legacies For A Life Change
- ❖ Three Commitments That Change A Life
- ❖ Growing In Grace: A Fresh Look At Biblical Discipleship
- ❖ Adding Quality To Your Life

Contact us for availability and cost. [www.dennybates.com](http://www.dennybates.com)

**Help Me Write My Story Books** (A ghost writing and book coaching custom service)

For information see the next page or connect to  
[www.HelpMeWriteMyStory.com](http://www.HelpMeWriteMyStory.com)

Here are a few of my Help Me Write My Story clients. Please check them out on Amazon.

- ❖ “Touched by Him: A Man Who Said Yes To Jesus” by Harry F. Lyles as told to Dr. Denny Bates (Something New Christian Publishers)
- ❖ “I’m Just Rebeckah Wilhelmina And I Found A Way Out” by Rebeckah Wilhelmina (Healthy Curves Count Publishers)
- ❖ “The Blue Duck: Learning How To Discover Your Competitive Edge And Celebrate The Uniqueness Of You” by Sandra Mason (Younique Publishers)
- ❖ “How To Kick Your Own Butt: The Fine Art Of Leading Yourself Well” by Carol Mabe (CMC Transformational Publishing)
- ❖ “My Life: Then And Now: Won’t He Do It” by Karen Calhoun (KMJC Publishers)
- ❖ “More Than A Seed: The Yearn For God’s Children To Accept, Grow, And Fight” by Akayla Frazier (Changed Legacy Publishing)

- ❖ “Life-Sustaining Hope” by Dr. Patrick Hunt (M2E Motivational Consulting)
- ❖ “How The Puppy Learned To Cherish Life by Dr. Patrick Hunt (M2E Motivational Consulting)
- ❖ “My Miscarriage: And Other Uninvited Events” by Traci McCombs (Skinny Brown Dog Media)



What is your story?



## Help Me Write My Story (HMWMS)

[www.HelpMeWriteMyStory.com](http://www.HelpMeWriteMyStory.com)

**HELP ME WRITE MY STORY** is a highly relational, process-driven, professional service that empowers an aspiring author to produce a personal memoir that is shared in a self-published book (including Kindle too). **HELP ME WRITE MY STORY** helps you to focus on this acrostic:

**H** = **Heartfelt** (The best place to begin writing your story is in the **HEART**)

**M** = **Memories** (If you do not **WRITE THEM DOWN** you will eventually **FORGET** many of them)

**W** = **Well-spoken** (To tell your story you've got to be a **CLEAR COMMUNICATOR** so you will be understood)

**M** = **Motivational** (It's important for you not to only share with your readers how **CHALLENGING** your circumstances may have been but it's even more important to share how you faced your obstacles and got through them **SUCCESSFULLY**)

**S** = **Strategic** (Your story will most likely not speak to everyone, but it will speak to **SOMEONE**, so it's important to know **WHO** you are seeking to influence the most and why)

I believe that our lives are the sum of many stories filled with adventures, wonders, disappointments, successes, tragedies, victories, and mysteries. Our **STORIES**, all of them, have the necessary components for a lasting legacy.

Your story is a **GIFT** to others. Your life is a **STEWARDSHIP**. Your story matters because **YOU MATTER**. Your story needs to be **SHARED** with and **REMEMBERED** by those who need to **KNOW** your story.

That said, many **STORIES** never go beyond the back of our minds and fade away forever. And that is why I am writing to you. I want to help you **WRITE YOUR STORY**.

**IMAGINE** for a moment what you could do with **YOUR STORY** in the **FORM** of a **BOOK**:

- **YOUR STORY**, in the form of a quality published book, becomes something tangible and is in your hands.
- **YOUR STORY** can give encouragement to others, especially to your family, friends, and customers/clients, and even to people you will unlikely ever meet in this life.
- **YOUR STORY** contains your legacy and will always be there, even after you are long gone, influencing future readers.
- **YOUR STORY**, in the form of a book, will be the perfect and unique item for you to give away or sell, creating a new revenue stream.
- **YOUR STORY** can serve as a mentor to help the person who wants to learn how to apply the life lessons you experienced.

**YOUR STORY** matters to you and **YOUR STORY** matters to me too.



**What is HELP ME WRITE MY STORY?**

**HELP ME WRITE MY STORY** coaches the author client through each creative phase of writing a book:

- How to create the Big Story Idea
- How to create a *Write My Story Time Line*
- How to do great research
- How to create a strong outline of chapters and subchapters
- How to use creative words to paint vivid mental and emotional images
- How to tell your story in an interesting way
- How to write strong chapter summaries
- How to create of book title and subtitle that resonates with the reader
- How to create a book front and back cover that catches the reader's attention
- How to write back cover copy



- How to take an author's story to the finished product in print and in Kindle formats.
- How to use the power of social networking to promote your story

### **Who needs HELP ME WRITE MY STORY?**

HELP ME WRITE MY STORY can be a great resource for the person who . . .

- Wants to write their story but need practical instruction, intentional coaching and accountability.
- Wants to make sure their story, their legacy, is preserved in a format so family members and friends will remember and be inspired by their story.
- Wants to use their story as a way to open doors of future opportunities for even greater influence.
- Wants a personal product to either sell or gift to others.
- Wants the rewarding satisfaction of having a professional copy of their personal story.

### **How does HELP ME WRITE MY STORY work?**

Each writing project has its own unique set of challenges, but I've sought to present three different packages and pricing levels. All five are dependent upon the pace, progress, and extraordinary challenges of the book.

### **There are five Story Coaching service levels of Help Me Write My Story\*:**

*\*In addition to the fees for each package, a reduced monthly payment plus a percentage of the royalties is an alternative form of payment. Ask Dr. Bates for the details.*

**Help Me Write My Story Books** is a ghost writing and book coaching custom service. For information connect to [www.HelpMeWriteMyStory.com](http://www.HelpMeWriteMyStory.com)

# QUALITY LEADERSHIP CONSULTANTS

PROFESSIONAL COACHING, CONSULTING,  
AND TEACHING

*Presenting Quality Ideas;  
Producing Quality Leaders*



## **Introducing Dr. Denny Bates**

**Professional Life, Business Coach, Teacher, Writer, Speaker And Consultant**

### **Why is it important for you to have a professional quality life coach and leadership trainer?**

It has been said, “Experience is the best guide in life.” The truth is *guided experience* is the best guide! Time, money, and emotional energy can be saved by linking up with a person who already understands where you are, where you want to go and has a good grasp on how to lead you there in a positive way.

### **What kind of guided experience do I offer?**

Seasoned in both the market place and non-profit settings, I can offer you and/or your organization Quality Leadership coaching tracks with a relational emphasis. For instance: Personal Growth, Communication Skills, Building Healthy Relationships, Career Counseling / Job Performance, Life Transitions, Organizational Health; and for faith-based individuals and/or organizations, Spiritual Growth. My practical experience in both for-profit and non-profit settings, coupled with my academic and professional training, affords me the ability to offer you unique Quality Leadership services.

*The* JOHN MAXWELL **Team**

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AN INDEPENDENT CERTIFIED COACH, TEACHER AND SPEAKER  
WITH THE JOHN MAXWELL TEAM

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My friend John Maxwell says,

*“Everything rises and falls on leadership”*

**As a Leadership Specialist,  
I can help YOU in the marketplace!**

- ✓ With years of experience working as a manager in the marketplace, I know what it takes to create a healthy organization. I can train your leaders and employees in effective teamwork and communication.
- ✓ I know how to help business leaders practice the kind of self-care that not only benefits them personally, but also adds value to the company.
- ✓ I know how to help a management team build a culture that places great value on integrity and success.
- ✓ I can help you and your leaders set reasonable goals and show you the tools to help you reach each one.
- ✓ I can help you reproduce your values, vision and passion in the lives of others.
- ✓ I can help you sharpen your leadership skills in a group coaching setting or one to one. As a professional life coach and leadership trainer, I can offer you the finest coaching and training resources available today as a certified coach, teacher and speaker for the John Maxwell Team.

**QUALITY**  
LEADERSHIP CONSULTANTS »  
Email [dennybates@gmail.com](mailto:dennybates@gmail.com)  
[www.dennybates.com](http://www.dennybates.com)



*What does a Disciple-Making Ministry look like?  
It looks like . . .*

# SOMETHING *new*

*"Do not call to mind the former things, or ponder things of the past; Behold, I will do something new . . ."*  
*Isaiah 43:18, 19a*

- Is a ministry that focuses upon making Quality disciples for Jesus
- Is a ministry that encourages believers to connect in community and experience the disciplined life
- Is a ministry that seeks to help other body of believers to learn how to live the disciplined life through seminars, workshops, keynote speaking and interactive coaching

Contact Dr. Denny Bates for more information on how you and your church can create a culture of DiscipleMakers4Jesus

[www.TheQualityDisciple.com](http://www.TheQualityDisciple.com)

## About Dr. Denny Bates



Dr. Denny Bates is Principal Consultant for Quality Leadership Consultants, founder of Something New Christian Publishers, Something New Ministries and The Quality Disciple, Life Coach for iHope Christian Care and Counseling, adjunct faculty mentor in the Columbia Biblical Seminary online Doctor of Ministerial Leadership program, and a founding member of the John Maxwell Team of certified coaches, speakers, and trainers. He has earned degrees from Francis Marion College [B.S.] and Columbia Biblical Seminary and School of Missions [M.Div., D.Min.]. With a doctoral degree in personal and organizational leadership, he is well equipped to serve as teacher, life coach, mentor, disciplinemaker, motivational speaker and writer for his own leadership and personal growth titles as well as helping others write their stories\*

Denny has written for an international publisher of Bible commentary, served as the Discipleship Pastor in the local church, as well as being a leader in the marketplace by creating the social networking brand #Aisle31. By God's grace, he seeks to live above the fray and "Press on!" Visit [www.dennybates.com](http://www.dennybates.com).

\*See [www.HelpMeWriteMyStory.com](http://www.HelpMeWriteMyStory.com) for this custom service.

## About iHope Christian Care And Counseling

### MISSION STATEMENT:

To bring hope and healing to the community through professional counseling and care rooted in biblical principles.

The vision of iHope Christian Care and Counseling, Inc. is to be a distinctly Christian counseling center serving individuals, families, couples, and ministry leaders with affordable counseling and care. We are committed to offering hope and healing through Jesus Christ. As Christian counselors, we are called to bind up the brokenhearted, proclaim freedom for the captive, and comfort those who mourn. iHope desires to be an extender of the local church, offering counsel to those going through a season of difficulty. We are a support and resource for local pastors and for our community. Many people desire counseling and healing offered through Jesus Christ, but they do not know where to turn, cannot afford counseling, or are unaware of available resources. iHope is intended to be a resource within reach of anyone who wants help.

### CORE VALUES

iHope operates by five core values. These values guide our counseling work, education, and interactions with the community and are grounded in Scripture.

- **Christ-centered**  
*Remain consistently true to the Gospel of Jesus Christ and his Word in Scripture  
John 15:1-8*
- **Kingdom-minded**  
*Engage with the local church to care for and connect clients to the body of Christ  
Acts 2:42-47, Romans 12:4-5*
- **Ethics, Integrity, and Excellence**  
*Maintain the ethical standards of the American Association of Christian Counselors, practicing with integrity and competency  
Proverbs 11:3, Proverbs 28:6, 1 Peter 3:16*
- **Accessibility**  
*Be a resource within reach of anyone who needs help.  
Philippians 2:5-8, Galatians 6:2, Proverbs 22:9*
- **Whole-Person Care**  
*Serve and care for each person's holistic health – spiritual, mental, relational, physical, and emotional health and wellness.  
Matthew 22:36-39, Matthew 14:14-21*



What does a Disciple-Making Ministry look like? It looks like...

**SOMETHING** *new*

"Do not call to mind the former things, or ponder things of the past.  
Behold, I will do something new..." Isaiah 43:18, 19a

**BIBLICAL COUNSELING & BIBLICAL TEACHING:  
THE PERFECT PARTNERSHIP**

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<https://ihopflorence.com>



## **Praise For Bitter Busters:**

Denny teaches us in this book that a bitter spirit can happen to any of us if we aren't careful. Anything from unresolved anger, unforgiving attitudes, resentment, jealousy, disappointment are just some of life's struggles that cause us to plunge us into bitterness. We must hold God close to our hearts and learn the Word of God to overtake and bust our bitterness. We must come back to our Lord when bitterness overtakes our hearts.

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." Thank you to my Lord and Denny for busting my bitterness♥

Kim Lanier, BSN, RN

Director of Heart and Vascular Day Hospital & Recovery  
Director of Cardiac and Pulmonary Rehabilitation

As a woman who experienced infertility, miscarriages, cancer, and what so many refer to as "daddy issues," I can honestly say I wish I had *Bitter Busters* years ago. Denny not only opens up about his own experience with bitterness, but he also provides biblically sound examples and practices we can use to help us fight past unforgiveness and anger. This book is an excellent reminder that busting out of bitterness is a process and that God is with us every step of the way.

Traci McCombs, MBA

Author of #1 Amazon Best Seller, *My Miscarriages: And Other Uninvited Events*

*Bitter Busters* engages with the natural desire of human bitterness in particular situations with practical principles to avoid or overcome bitterness. During times of rejection, it is our hearts default to become bitter with the person or situation. However, living a Christ filled life as depicted in *Bitter Busters* gives one strength to live an intentional life to choose love to destroy the desire to become bitter.

Dr. Marlo D. Brayboy

Columbia International University

Dr. Bates's book *Bitter Busters* has called me to reflect on issues I have "swept under the rug" for quite some time relating to my own family, friends, church, work, and relationship with God. Our world's mentality, since our fall as humans in the Garden of Eden, has been not to forgive but get even when wronged and become bitter when we are treated unfairly by others. Dr. Bates's book is biblically sound and teaches us God's love and presence in our lives is the only way to overcome what comes naturally. The book is loaded with scriptural references to equip us as Christians to help root out and prevent bitterness from destroying our personal life, lives of others, but most importantly our relationship with God. Thank you Dr. Bates for sharing your personal experiences and life lessons with us along with the Biblical solution to this sin so prevalent in our world and society today!

Stephen M. Welch.,BS, MAT  
Science Educator

Bitter Busters is a go-to resource for anyone who has experienced hurt in their life. Through excellent Bible teaching, real life examples and authentic stories Denny guides the reader towards a path of healing from the pain of broken relationships. I cannot more highly recommend this book as a go-to guide for leading you away from the prison of bitterness and unforgiveness and towards the path of freedom, peace and healing.

F. Reeves Cannon, III, M.A.,LPC, BCPCC  
Executive Pastor, Church at Sandhurst

We all can and have been guilty of embracing bitterness – someone has done something, said something, that hurt us deeply. We are fallen people living in a fallen world and for Christ followers, this is especially onerous. The root of bitterness is like a *root bearing poisonous fruit* (Deut 29:18). So, what do we do? In his book, Denny has presented a Scripture based process for busting free from bitterness. Scriptural examples paired with practical personal application, provide freedom, refreshment, and restoration. I have watched Denny live it. A thorough Subject Index is included making this a valuable reference source.

Ron Bennett  
Church Elder

Dr. Denny Bates has created a wonderful guidebook for dealing with the difficult times of life without becoming bitter. Moreover, he points past bitterness to a fulfilled life of compassion and love. Furthermore, his rich life of serving others bears witness to the truth of his testimonies.

Dr. Patrick Hunt –  
*Author of the Pathway of Happiness: Cherish Life and Live Nobly.*

Forgiveness...are you kidding me! Denny has taken on a most difficult topic that reaches into the lives of us all. We aren't built for it in our own power. So why read Bitter Busters? In it is the prescription for not only why to forgive, but how to make it your reality. As someone who has, personally, lived out the necessity for both self and other forgiveness, I believe Denny has done an excellent job of combining the scriptures to unlock the powerful antidote to our natural, human response of bitterness. Bitter Busters is an easy to read resource which guides us to the Truth that Forgiveness really is a gift that we should want to give to ourselves. Thank you Denny, for this work; I pray that in it many will discover His Truth, and through Him find their Freedom.

Leslie Rutten  
Homemaker/Occupational Therapist

Denny, we have read your new book *Bitter Busters* and very impressed with it. You have expressed well your hurts and disappointments, yet our God has led you into a place of acceptance and forgiveness. Now you have shared the scriptural examples of how God, in His faithfulness, has given you His grace and love. May God use it mightily to help others.

Love,  
Gail & Harry Lyles  
Author of *Touched By Him: A Man Who Said Yes To Jesus*

Denny has written this from his heart. In my opinion, he is the perfect one to have penned this as I know he lives out what he writes. Thanks for reminding me that forgiveness and busting bitterness go hand in hand and that God is the authority that not only commands and enables us to do it, but also exemplifies it to us through Jesus. Well done, Denny.

Sandy Richardson  
Owner, Morningstar Farms

*Bitter Busters* is a must read for anyone who has ever gone through any hardship or trauma and has difficulty letting go of the bitterness of betrayal. No doubt life is hard but having bitterness as a constant companion makes living even more difficult. This book gives a new way of dealing with the bitterness in a way that gives God the glory and allows the captives to bitterness be set free! Denny has a unique way of weaving his real-life story with God's truth and providing a way out of the bitterness through what is now known as *Bitter Busters*! This book will change your life and bring a renewed sense of wholeness that can only be experienced through inner healing and forgiveness. May you be set free from bitterness by using the God-given principles outlined in this Masterpiece called *Bitter Busters*.

Kimberly Eaker MSN, APRN, FNP-C  
Nurse Practitioner, Department of Defense



<https://reallygoodday4u.com/bitter-busters>